

# The Messenger

Volume 11, Issue 3

Benedict the Righteous of Nursia & March 14

March 2011

Editor: Cathy Speronis

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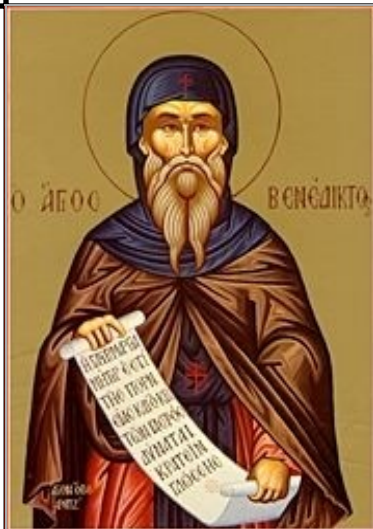
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Apolytikion: The image of God, was faithfully preserved in you, O Father. For you took up the Cross and followed Christ. By Your actions you taught us to look beyond the flesh for it passes, rather to be concerned about the soul which is immortal. Wherefore, O Holy Benedict, your soul rejoices with the angels.

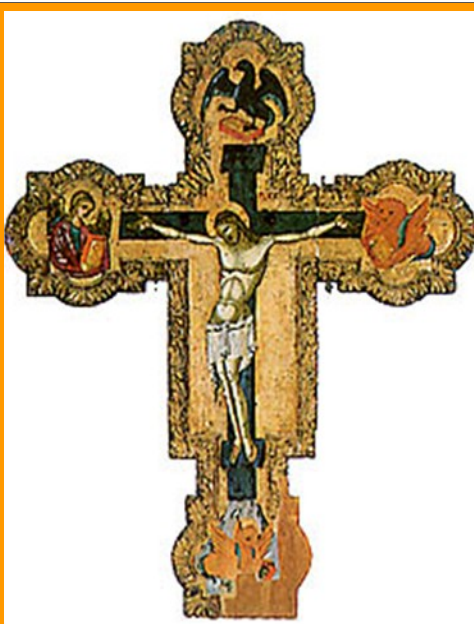
Kontakion: O sun that shinest with the Mystic Dayspring's radiance, who didst enlighten the monastics of the western lands, thou art worthily the namesake of benediction; do thou purge us of the filth of passions thoroughly by the sweat of thine illustrious accomplishments, for we cry to thee: Rejoice, O thrice-blessed Benedict.

This Saint, whose name means "blessed," was born in 480 in Nursia, a small town about seventy miles northeast of Rome. He struggled in asceticism from his youth in deserted regions, where his example drew many who desired to emulate him. Hence, he ascended Mount Cassino in Campania and built a monastery there. The Rule that he gave his monks, which was inspired by the writings of Saint John Cassian, Saint Basil the Great, and other Fathers, became a pattern for monasticism in the West; because of this, he is often



called the first teacher of monks in the West. He reposed in 547.

*Reading by Holy Transfiguration Monastery - Brookline, MA*  
*Apolytikion by Narthex Press - Northridge, CA*  
*Kontakion by Holy Transfiguration Monastery - Brookline, MA*



"Hating the overabundance of the passions, O my humble soul, feast rather upon the rich food of God's blessings. Take your delight in the pleasures of the Fast, turn away from the bitterness of lust, and you shall live forever."

**PRESIDENT’S MESSAGE**

Dear Fellow Members of the Saint George Family,

Since our arrival at Saint George, Cathy and I have learned that this Parish was built with love and exists today because of the love and support that we all give each other in not just times of joy, but, also in times of need.

For the next two months as we approach our most Holy time of the year, the Parish will need your assistance meeting our operational needs. Utility costs, insurance - both property and health, as well as our tax bill for the parish house are not luxuries, but, are our duty to provide.

There are many parishioners both here and from away who are “givers”. For the first time in many years we need the help of all to give a little more to carry our Parish through this difficult time.

Please dig deep and provide something extra throughout this Holy season. The book of Proverbs contains this passage: “A gift opens the way for the giver and ushers him into the presence of the great - Proverbs 18:16” I urge all of you to come to church services, participate and provide stewardship with your gifts to Saint George.

In the Love of Christ,  
Lee P. Speronis - President, Parish Council 2011

**MEMBERS OF THE PARISH COUNCIL 2011**

Lee Speronis, President.....	942-7822
Susan Jonason, Vice-President.....	945-2964
Kathy Fitzpatrick , Secretary.....	942-7532
Ambrose Smitherman, Treasurer.....	866-7717
George Lealos.....	989-2166
George Brountas.....	989-4987
Kevin Cox.....	667-6257
Christopher Limberis.....	942-9243
Jack Montgomery.....	945-6022

**ST. GEORGE “CARE COMMITTEE”  
ALWAYS LOOKING FOR MEMBERS**

What a wonderful way to be involved in our St. George community while helping others!

The next Care Committee meeting is to be announced.  
For more information or if you know of a need the Committee could meet,  
Please contact Presvytera Lisa (947-4709)



**Women’s Lenten  
Retreat**

The Women's Book Group has been discussing the book, "**In the Heart of the Desert,**" by Fr. John Chryssavgis.

We are considering having a one-day Lenten Retreat that will focus on the teachings of the Desert Fathers and their meaning for us in our lives today.

For more information, please contact **Presvytera Lisa (947-4709) or Marina Smitherman at 866-7717**

*All ladies are welcome!*

**UNDERWRITING THE  
MESSENGER**

We invite parishioners to help subsidize our newsletter. You can support publication of *The Messenger* in the following ways:

- Sponsor the Monthly Dedication Page @ \$75.00 per month.
- Become a *Messenger* Patron @ \$50.00 for the year.

**Your support is greatly appreciated!**

**St. George History books are  
for sale at half price  
(\$25.00) each.**

**Please see Maria Brountas  
if you are interested.**

**Call 942-5718 or 299-3839**

## Great Lent Begins - March 6th

Great Lent begins with the Vespers of Forgiveness on Sunday evening, March 6th, at 6 p.m. At this beautiful, candle lit service, we ask forgiveness of our church family. Clean Monday follows on March 7th with three different services of prayer offered throughout the day. Morning prayers begin with Orthros at 9 a.m. At noon is the service of the 6th Hour, and at 4 p.m. is Compline. Between these services, we will be spending time in fellowship and in cleaning the church and church hall.

*We pray you attend and take part in this special beginning to the Lenten season.*

## Waterville Liturgy Saturday, March 12th

Fr. Adam plans to celebrate Divine Liturgy for parishioners in the Waterville-area on Saturday, March 12th, at the Church of the Sacred Heart on Pleasant Street in Waterville. This will be a memorial liturgy, "Saturday of Souls." Please bring a list of your departed loved ones for Fr. Adam to include in prayer. Liturgy begins at 10 a.m. in the chapel next to the main sanctuary. Enter by the parking-lot doors and go up one flight of stairs. Everyone is welcome!

*Everyone is welcome!*

## New Care Committee Initiative

A St. George Care Committee account (under the name of "Lisa Metropoulos") has been opened at "**The Growing Place,**" a consignment shop at both 548 Hammond Street, and 1209 Broadway, in Bangor. "The Growing Place" handles Infant to Pre-Teen clothing, plus Maternity Wear and toys. Please consider donating your good, clean children's clothing, etc., to the shop for sale. Proceeds from the account are in the form of Store Credit which the Care Committee can then use towards helping church families. To donate your items, call for an appointment at 941-1055 (Hammond Street store) or 947-9055 (Broadway store), or contact Presvytera Lisa (947-4709). Through this account, the Care Committee recently was able to present the Kulikowski family with a \$10 gift certificate for new baby, Sophia!

## YOUTH NEWS:

### The St. John Chrysostom Oratorical Festival is coming!

This Archdiocese sponsored event gives young people in the 7th through 12th grades the opportunity to learn and speak about their Orthodox Faith. This year's speech topics are listed at the Greek Orthodox Department of Religious Education website: [www.religioused.goarch.org](http://www.religioused.goarch.org). Please call Presvytera Lisa (947-4709) if you have any interest in participating in this worthy and fun event. (Plus, participation also looks GREAT on college applications!)

Speeches would be presented at church on **Sunday, April 3rd**. Then two participants would represent St. George at the **District Festival in Concord, NH**, the following weekend!

**LENTEN NEEDS FOR THE CHURCH**

PLEASE CONTACT THE CHURCH OFFICE IF YOU WISH TO DONATE ONE OR MORE OF THE ITEMS LISTED BELOW:

**DONATION:**

**ITEM NEEDED:**

**FLOWERS FOR THE AKATHIST:**

\$ 50.00                      The Akathist                      \_\_\_\_\_

**INCENSE:**

30.00                      Lenten Incense                      \_\_\_\_\_

**FLOWERS FOR THE VENERATION OF THE CROSS**

75.00                      Tray of Daffodils (50)                      \_\_\_\_\_

50.00                      Flowers for Festal Icon                      \_\_\_\_\_

**PALM SUNDAY NEEDS:**

100.00                      Palms for Crosses                      \_\_\_\_\_

50.00                      Flowers for Lazarus Icon                      \_\_\_\_\_

50.00                      Flowers for Palm Sunday Icon                      \_\_\_\_\_

**HOLY WEEK NEEDS:**

50.00                      Flowers for Nymphios Icon                      \_\_\_\_\_

50.00                      Flowers for Holy Unction                      \_\_\_\_\_

50.00                      Flowers for Icon of Last Supper                      \_\_\_\_\_

30.00                      Candles for the 12 Gospels                      \_\_\_\_\_

100.00                      Crown of Flowers                      \_\_\_\_\_

50.00                      Flowers for Crucifixion Icon                      \_\_\_\_\_

30.00                      Candles for the Altar                      \_\_\_\_\_

30.00                      Candles for the Cross                      \_\_\_\_\_

50.00                      White wreath for foot of Cross                      \_\_\_\_\_

30.00                      Vigil Candle for Base of Cross                      \_\_\_\_\_

50.00                      Basket of Rose Petals                      \_\_\_\_\_

500.00                      Flowers for Kouvouklion                      \_\_\_\_\_

120.00 (\$5.00ea)                      Kouvouklion Candles (24x\$5ea)                      \_\_\_\_\_

30.00                      Rose Water for Blessing                      \_\_\_\_\_

30.00                      Altar Boy Candles Holy Friday                      \_\_\_\_\_

30.00                      Shroud for Body of Christ                      \_\_\_\_\_

30.00                      Basket of Bay Leaves                      \_\_\_\_\_

30.00                      Vigil Candle for Empty Tomb                      \_\_\_\_\_

50.00                      Flowers for Icon of Resurrection                      \_\_\_\_\_

50.00                      Flowers for St.George-Proskitarion                      \_\_\_\_\_

100.00                      Paschal Candle for Priest                      \_\_\_\_\_

30.00                      Altar Boy Candles for Pascha                      \_\_\_\_\_

50.00                      Wreath for Resurrection Banner                      \_\_\_\_\_

30.00                      Altar Candles for Pascha                      \_\_\_\_\_

300.00 (\$25.00 ea)                      Easter Lillies (12x\$25 ea)                      \_\_\_\_\_

30.00                      Clear Plastic Covers: Altar/Kouvouklion                      \_\_\_\_\_

**ICONOSTASIS FLOWERS:**

50.00                      Icon of Christ                      \_\_\_\_\_

50.00                      Icon of Theotokos                      \_\_\_\_\_

50.00                      Icon of St. John the Baptist                      \_\_\_\_\_

50.00                      Icon of St. George                      \_\_\_\_\_

## **TA NEA (The News)**

**By Cathy Speronis 118 Poplar Street Bangor, ME 04401 (942-7822)**

Not only does time fly when you're having fun, it also flies with each passing year. I can't believe that it has been 5 years since I started writing Ta Nea! It is such a joy to be able to share the news of our community. Even though time sometimes seems to get away from us I feel that it is important to attend as many services as we can during this beautiful Holy season. Not only do we meet our spiritual needs in doing so, we also get to re-connect with each other. I look forward to sharing many special moments with the community this Lenten season.

Our hearts go out to past parishioner **Suzanne George Gonsalves** and husband **Tyrone** on the passing of her mother, **Carol**, on February 17th, after a long illness. Suzanne let us know with joy that her mother had chosen to receive the Sacrament of Chrismation into the Orthodox Faith a few weeks before the Lord took her to be with Him. **Please keep Suzanne, her father Raymond, their family, and the soul of her mother in prayer.**

With the uncertainty of the times that we live in financial stress can place an unneeded burden upon our lives. Sometimes this burden can prevent us from taking time for the more important things in life such as spiritual worship, giving and spending time with our loved ones and community. I have discovered an amazing book which helps put things into perspective. **The Total Money Makeover** by Dave Ramsey. It is a wonderful guide which, when followed, will release you from debt and relieve a lot of unnecessary stress. Dave also has a wonderful four part series on youtube called **Life. Money. Hope.**

<http://www.youtube.com/watch?v=c8nTaXHwauk> It is well worth watching! His advice is wonderful for everyone, no matter what your financial situation and is extremely important to pass along to our children so that they may live unburdened lives. *Proverbs 22:6 Train a child in the way he should go, and when he is old he will not turn from it.*

All news is welcome! If you have anything you would like to share you can call me at my number above. If I'm not in, please leave me a message. You can also email me at [catthecook@roadrunner.com](mailto:catthecook@roadrunner.com).  
A Peaceful and Blessed Lent to All!

Continued prayers to those in need. In love and faith, *Cathy*

### **ATTENTION HIGH SCHOOL JUNIORS & SENIORS CROSSROAD PROGRAM ACCEPTING APPLICATIONS NOW!**

High school juniors and seniors, before you decide what to do with the rest of your life, decide what to do with your summer! The Office of Vocation & Ministry (OVM) at Hellenic College is now accepting applications from high school juniors and seniors for its CrossRoad summer institute. Orthodox Christian students from the United States and Canada are invited to take part in an exciting summer vocations exploration program designed to help them discern their life callings and match their God-given gifts with the needs of the world. Each accepted applicant receives a full scholarship and is only responsible for travel costs to/from Boston. To accommodate the overwhelming interest, CrossRoad runs two sessions of 30 students each.

This year's sessions are **June 18-28 and July 5-15, 2011.**

Applications may be downloaded from the CrossRoad website at [crossroad.hchc.edu](http://crossroad.hchc.edu), or received by mail by calling the office at 617-850-1310. Visit the website to see a short video of the CrossRoad experience.

Applicants must currently be in their junior or senior year of high school.

**Application Deadline is March 1, 2011.**

## A story about Commitment, Faith, and Sacrifice

Excerpts taken from:

### THE VENERATION OF THE HOLY CROSS

By Matthew Budiharjo

Source:

<http://www.goarch.org/resources/sermons/sermons/sermon12>

I would like to tell you a true story. A story about commitment, faith, and sacrifice. About five years ago, a young Muslim from a pious Muslim family and the son of an imam, an Islam clergy, left his village in West Java for Central Java to look for a job, but he could not find any. He was alone, no friends, no family, and he was searching for any job he could find, but still he could not find one. One day he met a Christian and he was invited to a Bible study. He came and he asked many questions about Christianity and the differences between the Christian faith and the Islam faith. It is usually uncommon for a Muslim to come to a Christian Bible study.

Not long after the event of the Bible study he told the priest that he wanted to be baptized a Christian. The priest was happy but at the same time he was worried. For a Muslim to become a Christian is a great offense against their God, and he must be killed according to Islamic law. So the priest gave him instructions on the Christian faith, Tradition, and dogmas. Later on he was baptized with the name of Photius.

Then he went home to tell his family that he converted into Christianity. And you can imagine what happened next. His father became very angry. He took a knife and went after Photius, but his brother saved him and told him to leave immediately. He left and never came back. Now he is married and lives in East Java. He lost his entire family because he decided to follow Christ. His only family is us the Orthodox Christians who love him and care for him. His is not richer than before but he is a faithful Christian who is building his richness in heaven. He now helps the missionary work in East Java.

To follow Christ is to be his disciple and his witness. To be the witness of Christ is not easy, it takes a lot of patience, discipline, and determination. We witness our faith through our lives and actions. Through our lives and our actions we demonstrate our beliefs as Christians. There are many things that we can do. We can visit our friends, our neighbor, or any body who are sick in the hospital. Maybe on a certain day we can collect non perishable foods and donate them to the soup kitchen, or we can volunteer ourselves to help in the soup kitchen. We can collect our old clothes that are still good, clean them and donate them to the Salvation Army, for example. We can do many things to help the poor, the hungry, the sick, the naked, the weak.

Christ is the best example of sacrificing oneself for others. Christ's sacrifice was not an object that you can buy or sell, but a sacrifice of self so that through his death he gives life to all. Brothers and sisters be the true followers of Christ. For as adopted children of God through our baptism, we are one family, one body, one community in Christ.



### Recent Death

Our hearts go out to **Augie DeSiervo and his family** on the passing of his mother, **Hazel**.  
His mother passed away at home in Orono on February 21st.

✠ *May her memory be eternal* ✠



## We Give Thanks

To everyone who donated towards the purchase of cookies for the Salvation Army Soup Kitchen (February 16th). Sixteen dollars were donated which just covered the cost of the cookies - \$15.68! The remaining 32 cents will be put towards the next Soup Kitchen purchase. Thanks so much!

*Thank  
you*

To Prosforo bakers **Marina Smitherman, Maria Flanzala, and Presvytera Lisa.**

### St. George Bottle Redemption Site

St. George Church has a redemption "account" at the Bottle Redemption on Broadway in Bangor across from the Irving Station and next to Tri-City Pizza. Just drop bottles off there - 7 days a week (they do not need to be counted) and make sure to specify that they are for the "St. George Church Account."



Every little bottle adds up!



### A Notice to Parents

We all want our St. George children to be safe. Please keep aware of where your children are, especially after Liturgy during Coffee Hour. Children should be supervised and should not be in the church sanctuary, church office, or in the upstairs meeting room by themselves.

*Thanks for being vigilant in this regard!*

## Coffee Hour Needs

When grocery shopping, just pick up one non-perishable item that could be used at a church coffee hour and leave it on the counter in the church kitchen the next time you are there. Items that could be used include: bread and boxed pastries (that can be put in the kitchen freezer), crackers, chips, canned fruit, salad dressing, cookies, juice, and large zip-lock bags. Your offering will be much appreciated!

**Coffee Hour Notice:** It has been brought to our attention that some parishioners have allergies to peanuts. It would be appreciated if dishes with peanuts could be labeled, so that those with allergies will know to avoid them. *Thank you.*

## I Learn Greek.Com

Learn to read and speak Greek online.

This subscription service gives one the freedom to study Greek from anywhere that the internet can be accessed. The program includes complete grammar lessons, "Greek for Kids" with e-flash cards, dialogues, phrases, games, and more, all with audio.

Visit [www.ilearngreek.com](http://www.ilearngreek.com).

### DAILY BIBLE READINGS FOR FACEBOOK AND iGoogle

Get access to the daily Bible readings and lives of the saints directly from your customized home pages.

Visit the Online Chapel at [www.goarch.org/chapel](http://www.goarch.org/chapel) for more information on how to add the new Online Chapel for Facebook and Online Chapel for iGoogle to your home pages.

**STEWARDSHIP REPORT**

**2011 Stewardship Status 1/30/11**

**Stewardship Target .....\$50,000**  
**Stewardship Units pledged.....36**

**Stewardship Gifts Pledged.....\$ 24,785**  
**Stewardship Gifts Rec'd.....- 10,765**  
**Current Stewardship Deficit.....\$ 14,020**

**PLEDGES RECEIVED AS OF JANUARY 30, 2011**

Aloupis, Vance	Kesaris, Nicholas & Callie	Petrides, Christos & Vassiliki
Angel, Richard & Eleni	Leakos, George	Petrikas, George
Aretakis, Jonathan & Ann Cannizzaro	Louridas, Peter & Glenna	Predaris, Jon & Mary
Brountas, Arthur & Maria	Markides, Kyriacos & Emily	Rozos, John S.
Cox, John & Debra Sinclair	Markowsky, Elizabeth	Seviciu, Alex & Claudia
Cox, Kevin & Sherri	Metropoulos, Rev. Adam & Lisa	Smitherman, Ambrose & Marina
Duddy, Athena & Bill	Michaud, Bert & Patty	Speronis, Lee & Cathy
Eleftheriou, Dr. & Mrs. Basil	Montgomery, Jack & Hope	Spofford, John & Koula
Flanzala, Paul & Maria	Muller, Eugene & Maria	Stanley, Anna
George, Nicholas & Grace	Page, Brian & Paula	Vafiades, Joe & Harriet
Harrison, Stanley	Pangakis, Jerry & Martha	Vafiedes, Scott & Domenica
Karagiannes, Christos & Alice	Pangakis-Stamos, Paula	Vardamis, Alex & Francis
	Paul, Georgia	Wells, Joe & Olga

Dear Stewards,

**We are off to a great start!** Thank you to all who responded to the early mailing.  
 Please remember to return your stewardship cards ASAP.

Thank you,  
 Kevin Cox, Chair - Stewardship Committee '10

**FINANCIAL STATEMENT as of February 24, 2011**

	<u>Feb '11</u>	<u>YTD '11</u>
<b><u>RECEIPTS</u></b>	<b>\$ 2,358.10</b>	<b>\$13,685.10</b>
<b><u>DISBURSEMENTS</u></b>	<b>\$ 2,908.24</b>	<b>\$13,776.90</b>
<b>Surplus/(Deficit)</b>	<b>(\$ 550.14)</b>	<b>(\$ 91.80)</b>



**Receive "The Messenger" Via E-mail**



If you have not been receiving the church's monthly newsletter, The Messenger, via e-mail and would liketo, please give your e-ddress to Presvytera Lisa or e-mail it to her at [aldiasma@yahoo.com](mailto:aldiasma@yahoo.com). E-ddresses will not be shared and will only be used for sending "The Messenger" and for other pertinent church-related announcements.





## A SOLUTION FOR OUR UNREPENTANT HEARTS



**"Our greatly sinful life and unrepentant disposition do thou forestall through thy compassion, O Lord; beside Thee we know none other, O thou that has dominion over life and death: save us, as thou art the lover of mankind." (Troparion on Friday in the First Week of Lent).**

**When we are spiritually sick, we ask God for healing. As it is sometimes with medication for physical ailments, it is possible that we too wonder if we will ever receive healing that will make us feel better and become better as God's children.**

**And sometimes we do doubt because we tend to fall into the same foolish sins day after day. We wonder if we have ever really repented. If we have these feelings, then we are thinking correctly, but without the sure knowledge that the Lord will save those whom He loves and that the resurrection will make one capable of total change.**

**It is correct to know that we sin every day; that we tend to be lazy, and forgetful, and insincere. We mean something one minute, and contradict ourselves by our actions the next.**

**But we have a solution for us: The abyss of God's mercy.**

**Remember, mercy is not only that God will not punish us, if we repent. If this was all, we would all fall into the pit, since we are not truly repentant. God's mercy will help us to repent. This change does not occur right away, but only with arduous labor, coupled with God's grace.**

**So now we have an opportunity to fall before the abyss of God's mercy and beg him to "forestall" our unrepentant heart, that is, to help us change it to a repentant one, and to gain peace and knowledge, and wisdom and purity. This is our only chance, and we must be confident of this very thing, that He Who has begun a good work in us, will complete it.**

**Please make every effort to come and receive the grace of Penance this Lenten Period.**

**With Love in the Lord,**

**+Fr. Adam**

### Recommended Lenten Reading

- *Great Lent*, Father Alexander Schmemmann, St. Vladimir's Seminary Press, Crestwood, New York.
- *The Ladder of Divine Ascent*, St. John Climacus, Holy Transfiguration Monastery, Boston, Massachusetts.
- *The Orthodox Way*, Fr. Kallistos Ware, St. Vladimir's Seminary Press, Crestwood New York.
- *The Bread of Life*, Fr. Theodore Stylianopoulos, Greek Orthodox Department of Religious Education, Brookline, MA.
- *Orthodoxy: Faith and Life*, Bishop Gerasimos, Holy Cross Orthodox Press, Brookline, Massachusetts.
- *Living the Liturgy*, Fr. Stanley S. Harakas, Light and Life, Minneapolis, Minnesota.
- *Writings From the Philokalia on Prayer of the Heart*, ed. E. Kadoubovsky and G. Palmer, Faber and Faber, London, England.

## DAILY BIBLE READINGS March 2011

1. 1 Jude 1:1-10  
Luke 22:39-42, 45-71; 23:1
2. Joel 3:12-21  
Joel 2:12-26
3. 1 Jude 1:11-25  
Luke 23:1-31, 33, 44-56
4. Zechariah 8:7-17  
Zechariah 8:19-23
5. Galatians 5:22-26; 6:1-2  
Matthew 6:1-13
6. John 20:11-18  
Romans 13:11-14; 14:1-4  
Matthew 6:14-21
7. Isaiah 1:1-20  
Genesis 1:1-13  
Proverbs 1:1-20
8. Isaiah 1:19-2:3  
Genesis 1:14-23  
Proverbs 1:20-33
9. Hebrews 12:1-10  
Matthew 20:1-16
10. Isaiah 2:11-21  
Genesis 2:4-19  
Proverbs 3:1-18
11. Isaiah 3:1-14  
Genesis 2:20-3:20  
Proverbs 3:19-34
12. 2 Timothy 2:1-10  
Mark 2:23-28; 3:1-5
13. John 20:19-31  
Hebrews 11:24-26, 32-40  
John 1:43-51
14. Isaiah 4:2-5:7  
Genesis 3:21-4:7  
Proverbs 3:34-4:22
15. Isaiah 5:7-16  
Genesis 4:8-15  
Proverbs 5:1-15

16. Isaiah 5:16-25  
Genesis 4:16-26  
Proverbs 5:15-6:3
17. Isaiah 6:1-12  
Genesis 5:1-24  
Proverbs 6:3-20
18. Isaiah 7:1-14  
Genesis 5:32-6:8  
Proverbs 6:20-7:1
19. Hebrews 3:12-16  
Mark 1:35-44
20. John 21:1-14  
Hebrews 1:10-14; 2:1-3  
Mark 2:1-12
21. Isaiah 8:13-9:7  
Genesis 6:9-22  
Proverbs 8:1-21
22. Isaiah 9:9-10:4  
Genesis 7:1-5  
Proverbs 8:32-9:11
23. Isaiah 10:12-20  
Genesis 7:6-9  
Proverbs 9:12-18
24. Isaiah 11:10-12:2  
Genesis 7:11-8:3  
Proverbs 10:1-22
25. Luke 1:39-49, 56  
Hebrews 2:11-18  
Luke 1:24-38
26. Hebrews 2:2-10  
Luke 10:16-21
27. John 21:14-25  
Hebrews 4:14-16; 5:1-6  
Mark 8:34-38; 9:1
28. Isaiah 14:24-32  
Genesis 8:21-9:7  
Proverbs 11:19-12:6
29. Isaiah 25:1-9  
Genesis 9:8-17  
Proverbs 12:8-22
30. Isaiah 26:21-27:9  
Genesis 9:18-10:1  
Proverbs 12:23-13:9
31. Isaiah 28:14-22  
Genesis 10:32-11:9  
Proverbs 13:19-14:6

## OUR PRAYERS ARE WITH YOU!

☩ Elizabeth Conway ☩  
 ☩ Marianna DeJesus ☩  
 ☩ Chip Fitzpatrick ☩  
 Kay Gaddis ☩ Electra Giatrelis  
 ☩ Kathryn Gresgott ☩  
 ☩ Aristeia Halkedis ☩  
 Gene Lachner ☩ Mary Limberis  
 Kenneth (Maria Flanzala's Father)  
 ☩ Mike Margaronis ☩  
 ☩ Cynthia Martinmianakis ☩  
 ☩ George Metropoulos ☩  
 ☩ Fr. Christopher Moody ☩  
 ☩ Michael Moody ☩  
 ☩ Mike McNamara (nephew of Betty  
 Kalogeris) ☩  
 ☩ Photini's father, Charles ☩  
 Georgia Paul ☩ Kosta Shanos  
 Alyce Speronis ☩ Helen Speronis  
 ☩ Sheldon St. Peter ☩  
 The son of Joanne Brountas Levine

**PLEASE REMEMBER THESE  
SPECIAL PEOPLE IN  
YOUR DAILY PRAYERS**

## \*COFFEE HOURS SPONSORS\*

When not sponsored, Coffee hours are a potluck offering. If anyone would like to sponsor a coffee hour on any particular Sunday, please see Presvytera Lisa to reserve the date.

**Thanks to all those who contributed toward the Coffee Hours during this past month!**

## Pot Luck for Coffee Hour

When there is no one signed up for the coffee hour on a specific day, please feel free to bring in something that you would like to contribute as a potluck item.

*Thank you*

# MARCH 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1  Fr. Adam on Vacation till March 5th	2	3	4	5  NO GREAT VESPERS
6 9 am Orthros with Liturgy following for Cheesefare Sunday 6 pm Vespers of Forgiveness	7 Clean Monday 9 am Orthros 12 pm 6th Hr. 4 pm Compline	8	9 5:30 pm Pre- Sanctified Liturgy followed by a Potluck Dinner	10	11  5:30 pm 1st Salutations to the Theotokos	12 10 am 3rd Sat. of the Souls Service In Waterville  NO GREAT VESPERS
13 9 am Orthros with Liturgy following for 1st Sunday of Lent Orthodox Sunday	14  4 pm Compline	15	16 5:30 pm Pre- Sanctified Liturgy followed by a Potluck Dinner	17	18  5:30 pm 2nd Salutations to the Theotokos	19  6 pm Great Vespers
20 9 am Orthros with Liturgy following for 2nd Sunday of Lent St. Gregory Palamas	21  4 pm Compline	22	23 5:30 pm Pre- Sanctified Liturgy followed by a Potluck Dinner	24	25 9 am Orthros with Liturgy following for Annunciation  5:30 pm 3rd Salutations to the Theotokos	26  6 pm Great Vespers
27 9 am Orthros with Liturgy following for 3rd Sunday of Lent Veneration of the Holy Cross	28  4 pm Compline	29	30 5:30 pm Pre- Sanctified Liturgy followed by a Potluck Dinner	31	April 1  5:30 pm 4th Salutations to the Theotokos	April 2  6 pm Great Vespers
April 3 9 am Orthros with Liturgy following for 4th Sunday of Lent St. John Climacus	April 4  4 pm Compline	April 5	April 6 5:30 pm Pre-Sanctified Liturgy followed by a Potluck Dinner	April 7	April 8  5:30 pm Complete Salutations to the Theotokos "Akathist"	April 9  6 pm Great Vespers

# ST. GEORGE GREEK ORTHODOX CHURCH

90 Sanford Street  
Bangor, Maine 04401

Rev. Fr. Adam Metropoulos  
Church Phone: (207) 945-9588  
Parish Home Tel: (207) 947-4709  
Email: [dstgeorgeortho@roadrunner.com](mailto:dstgeorgeortho@roadrunner.com)  
Website: [www.stgeorge.me.goarch.org](http://www.stgeorge.me.goarch.org)

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## *St. George Altar Angels*

Altar Angels help to defray the costs of the altar supplies for St. George. These supplies include candles, incense, wine, etc. which are used for the services.



*If anyone is interested in becoming an Altar Angel (a \$50.00 donation) Please contact a Parish Council Member*

This issue of *The Messenger*  
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If you would like to sponsor the  
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one or a special event please contact  
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*Thank you.*

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